



Caregiver Resources

Alzheimer's Association/Greater Richmond Chapter	http://www.alz.org/grva	(804)-967-2580
American Parkinson Disease Association Richmond Chapter	http://parkinsonrichmond.com/?page_id=5	
Caregiver's Reading List	http://www.vda.virginia.gov/pdfdocs/Caregiver%20Bibliography.pdf	A list of resource materials developed by the National Family Caregivers Association
Community Health Education Center		(804)-VCU-CHEC (804)-828-2432
Eldercare Locator	www.eldercare.gov	(800) 677-1116
Family Caregiver Alliance	www.caregiver.org	(415) 434-3388
Family Caregiving	http://www.familycaregiving101.org/index.cfm	
Medicare Hotline	www.medicare.gov	(800) 633-4227
National Alliance for Caregiving	www.caregiving.org	(301) 718-8444
National Caregivers Library	http://www.richmond.caregiverslibrary.org/	
National Family Caregivers Association	www.nfcacares.org	(800) 896-3650
Rosalyn Carter Institute for Caregiving	http://www.rosalyncarter.org/caregiver%20resource%20center/	
Senior Connections/CAAA	http://www.seniorconnections-va.org	(804)-343-3000
Senior Navigator	http://www.seniornavigator.com/vaprovider/consumer/snConsumerHome.do	(804) 827-1280
Taking Care - A Resource Guide for Caregivers	http://www.vda.virginia.gov/pdfdocs/Caregiver%20Guide.pdf	In conjunction with the Virginia Caregiver Coalition
Tips for Avoiding Caregiver Burnout	http://www.circlecenterads.info/resources/tipsheet_caregiver.pdf	
Today's Caregiver	http://www.caregiver.com/	
VA Department for the Aging	http://www.aging.state.va.us/	(804)-662-9333